



## CONTACT & LOCATION INFORMATION

T: 01752 437837

E: [enquiries@peninsulaheartclinic.co.uk](mailto:enquiries@peninsulaheartclinic.co.uk)

W: [www.peninsulaheartclinic.co.uk](http://www.peninsulaheartclinic.co.uk)

*World-class cardiology services in partnership with University Hospitals Plymouth*

# How to Find us

Peninsula Heart Clinic  
University Hospitals Plymouth NHS Trust  
Derriford Hospital  
Derriford Road  
Plymouth  
Devon PL6 8DH  
United Kingdom

## How to find us

### By Car

From roundabout on A386 take exit signposted Derriford Hospital. As you enter the main entrance you will see a 'Peninsula Heart Clinic' sign directing you to the right hand side of the main hospital. You will see the orthopaedic centre directly ahead with the multi-story car park on the right hand side. Follow the downward slope of this road past the multi-storey with the 'Maternity centre' on your left. You will see the 'Freedom Unit' building at the end of this road and next to this you will see the 'Peninsula Heart Clinic'. Directly next to our heart clinic is a 15 bay pay and display car park, this includes 4 disabled parking spaces. Parking is also available in a number of car parks across the Derriford hospital campus.

### Public Transport

**Bus** - Timetables can be obtained from First Stop at the Civic Centre, from public libraries and from Citybus travel shops. Timetables are also available at Derriford Hospital foyer. For more information about bus times phone Traveline 0871 200 22 33 or visit: [www.traveline.info](http://www.traveline.info) or [www.plymouthbus.co.uk/timetables](http://www.plymouthbus.co.uk/timetables) or [www.stagecoachbus.com/timetables](http://www.stagecoachbus.com/timetables)

**Park and Ride** - There is a public park and ride site located north of the hospital at the George junction (opposite the George Pub/Hotel). It is open from 6.30 a.m. to 6.30 p.m. and parking is FREE, although you will need to purchase a ticket to travel on the bus. This is ideal for patients and visitors travelling from the north of the City to Derriford hospital. Take the Citybus PR5 which runs every 20 minutes or take the Stagecoach 100 or 101 which runs approximately every 15 minutes. For further information on park and ride please visit: [www.plymouth.gov.uk/parkandride](http://www.plymouth.gov.uk/parkandride)

**Rail** - The nearest train station is Plymouth which is approximately 5 miles from the hospital. For further information please call National Rail Enquiries on 08457 484950 or visit: [www.nationalrail.co.uk](http://www.nationalrail.co.uk)



### Car Parking

We have 21 parking spaces in a pay and display car park directly next to our heart clinic, this includes 4 disabled parking bays. We recommended patients or visitors park in this car park as this is the closest to the heart clinic. Parking is also available in a number of car parks across the Derriford hospital campus. If you park in the large multi-storey (Bircham) car park it is a short walk down the road past the maternity centre on the left to the heart clinic. Alternatively, you may wish to follow signs to the main entrance where there will be signposting. If you are a private patient visiting our outpatients suite or being admitted for a planned procedure, please contact our team. We also provide a patient drop-off area consisting of 4 car parking spaces directly outside the clinic, but parking is limited in this area to 15 minutes. All our parking areas have CCTV coverage and are controlled by parking wardens.

### By Air

We are 51 miles from Exeter Airport with a journey time by car of 50 minutes. Head south along the A38 Devon Expressway. We are 46 miles from Newquay airport with a journey time of 1 hour. Head along the A30 and then pick up the A38 at Bodmin.

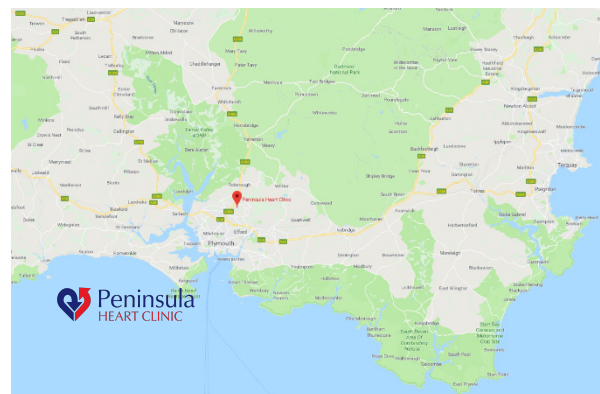
### Who to Contact

If you have any questions about your appointment, please contact the Peninsula Heart Clinic patient support team.

Phone our patient support team on: **01752 437837**

Email us at: [enquiries@peninsulaheartclinic.co.uk](mailto:enquiries@peninsulaheartclinic.co.uk)

Visit us at: [www.peninsulaheartclinic.co.uk](http://www.peninsulaheartclinic.co.uk)



# Site Location Map



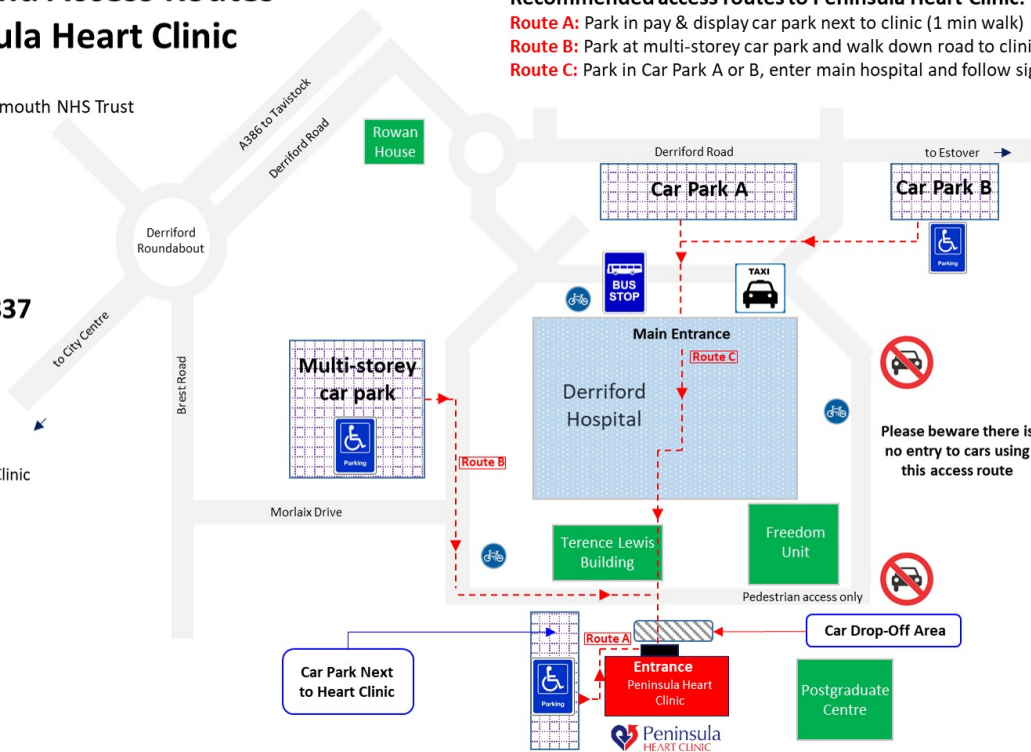
## Directions and Access Routes to Peninsula Heart Clinic

Peninsula Heart Clinic  
University Hospitals Plymouth NHS Trust  
Derriford Hospital  
Derriford Road  
Plymouth PL6 8DH

**PL6 8DH**  
 **01752 437837**

- Key:**
- Peninsula Heart Clinic
  - Disabled parking
  - Taxi rank
  - No access via car
  - Car drop-off area
  - Bicycle parking

**Recommended access routes to Peninsula Heart Clinic:**  
**Route A:** Park in pay & display car park next to clinic (1 min walk)  
**Route B:** Park at multi-storey car park and walk down road to clinic (5 min walk)  
**Route C:** Park in Car Park A or B, enter main hospital and follow signs to clinic (10 min walk)







*"World-class specialist care and the very highest standards of service, together with the confidence of being alongside the major cardiothoracic centre for the South West of England - **safety & quality without compromise.**"*

**01752 437837**

[www.peninsulaheartclinic.co.uk](http://www.peninsulaheartclinic.co.uk)